

Office Policies

Please review and understand that these policies were put into place by the Physicians at Alpenglow Medical to ensure the very best care for all of our patients, if you have any questions or concerns, please do not hesitate to contact us at (970) 482-3820. Thank you for trusting us with your health care.

Mail Order Prescription Policy

Due to the complexity of mail order prescription companies, we will no longer be able to mail or fax in prescriptions directly to your mail order pharmacy. We will be more than happy to provide you with a 3 month written prescription that you will need to review personally before sending to your mail order pharmacy.

We believe this is the best way to assist our patients in receiving the correct prescriptions from their mail order pharmacy.

Prescription Refill Policy

Due to the high volume of prescription refill requests, we do ask for 24 hours notice to call in or write a prescription. If you use a local pharmacy, asking the pharmacy to contact us by fax is the best way to expedite your request.

Yearly Physical Exam Policy

The yearly physical exam is an important part of the high quality care that we strive to provide here at Alpenglow Medical.

The yearly physical examination is a chance to focus on preventive medicine. Most visits to the doctor are spent focusing on a specific ailment. There is still much truth to the saying that 'an ounce of prevention is worth a pound of cure'. The first portion of the yearly preventive visit is a number of questions targeted at areas that are important in disease prevention. These questions range from ones about diet and exercise to dental care and skin protection. Other areas are addressed based on the individual's age or other factors that might put an individual in a particular risk group. The providers at Alpenglow continually update the screening questions based on the latest research. Tobacco and alcohol use are also reviewed at this time. Counseling about risk reduction may be done at this point or later during the encounter.

The second part of the yearly preventive visit is a thorough physical examination. The examination is from head to toe with focus on every organ system. This exam is modified based on the most up to date recommendations and research. Important changes have been seen when we recommend and perform breast exams, pelvic exams, and rectal exams. A more extensive examination not tailored by the latest medical knowledge is not a better exam. Here at Alpenglow your exam is tailored by the latest in medical knowledge.

The third portion of the physical is a review of health screening tests and vaccinations. The different screening tests can range from breathing tests and Bone Density measurements to various blood tests. These are continually reviewed and recommendations are based on the latest research.

As Medicare, and many private insurances, in order to try to save money they are cutting back and preventive services is one area where they are shifting the burden to the patients. Medicare is even prosecuting clinics that bill 'differently' to try to get Medicare to pay for preventive services. If there are medical problems that require care and management there is an additional charge which most insurances as well as Medicare will cover. We feel that without a chance to focus on preventive medicine you will not be receiving the high of care you need and that we provide at Alpenglow Medical.

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